

# Paul Bischoff - Internet Censorship 2023: A Global Map Of Internet Restrictions



More than 60 percent of the world's population (5.03 billion people) uses the internet.

It's our source of instant information, entertainment, news, and social interactions.

But where in the world can citizens enjoy equal and open internet access - if anywhere?

In this exploratory study, our researchers have conducted a country-by-country comparison to see which countries impose the harshest internet restrictions and where citizens can enjoy the most online freedom. This includes restrictions or bans for torrenting, pornography, social media, and VPNs. Also whether there are restrictions or heavy censorship of political media and any additional restrictions for messaging/VoIP apps.

Although the usual culprits take the top spots, a few seemingly free countries rank surprisingly high. With ongoing restrictions and pending laws, our online freedom is at more risk than ever.

We scored each country on six criteria. Each of these is worth two points aside from messaging/VoIP apps which is worth one (this is due to many countries banning or restricting certain apps but allowing ones run by the government/telecoms providers within the country). The country receives one point if the content—torrents, pornography, news media, social media, VPNs, messaging/VoIP apps—is restricted but accessible, and two points if it is banned entirely. The higher the score, the more censorship.

Source: <https://www.comparitech.com/blog/vpn-privacy/internet-censorship-map/>

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